



TALAYSAY TOURS

AUTHENTIC CULTURAL & ECO EXPERIENCES

Activity: Talking Trees & Salmon Program with Talaysay Tours – 1.5 hrs - North Vancouver

Local Talaysay guide and a trained Indigenous ambassador-educator will introduce the students to the forests, the cultural stories and shared practices of the indigenous ecological and spiritual perspectives that have sustained Coast Salish Indigenous people for generations. On this walk-hike along the guided trails we can explore the various species of trees and plants, pointing out the rich bio-diversity of local plants that were harvested by our people for food, shelter, art and medicine. Emphasis on the Circle of Life, salmon life cycles, forest life cycles and the interdependence of animals, plants and humans.

- This program shares indigenous practices of living, via sustainable and selective harvesting
- Local history and ecology of the North Shore, the Capilano River, and what it means to the Squamish peoples.
- Salmon – The Cycle of Life. An emphasis on the salmon as a special resource to the local Indigenous People. Water as Life. Issues and the awareness of a shared responsibility to the protection of water.
- The Tree of Life – Cedar, it's sacred gifts: medicine, technology, shelter, clothing, transportation
- West Coast Temporal Rain Forest – an ultimate community network
- The Land is Us and We are the Land – land management techniques, the social practices. Selective burning, the various forms for practiced agriculture, transplanting, pruning
- Your class will learn about the maple tree, douglas fir tree, red alder tree, the western hemlock, and the many wild berries and plants of this region
- Plants as medicine, frog leaves, plantain, horsetail – the forest is our grocery story and pharmacy

Talaysay School Calendar: February 16th to October 26th 2022

Schedule Start Time: 10 am End Time: 11:30 am. Custom Times can be arranged in advance.

Duration: 1.5 hrs.

Meeting Location: Capilano River Hatchery, 4500 Capilano Park Road, North Vancouver, BC, v7r 4l3

What to bring: Please ensure to wear comfortable walking shoes or runners, with layers of clothing. Dress for the weather. A lunch or snack in a pack sack and a water bottle is recommended. Students who are required to bring their own epi pens are being asked to inform the company in advance.

Physical Level: The walk-hike ranges from is 1.8 km to 2.5 km and the duration will be planned according to the students ages and need. Please note the trails include some hills and stairs with uneven ground.

Talaysay School Calendar 2021-2020: February 16 to October 26th 2022

How to book our land based programs: We ask you to select a firm date, time and inform us on the number of participants? Once this is completed your program will be confirmed as a scheduled tour. Talaysay Tours will email you a full itinerary send you a link to pay online in advance. Your advanced booking and confirmation allows us to schedule our most experienced guides – educators for your class. We invite you to book directly on-line. The on-line booking system requires credit card payment.

Talaysay Rates: 2021-2022 (Please read carefully)

Although our retail rates are \$60 pp, when we have schools of 20 or more students, we provide a student group discounted rate of \$20 pp. When groups are less than 20 participants, our base rate remains \$400 plus gst \$20

This is a firm rate. We thank you for your recognition that we are an independent indigenous company. We pay all expenses related to a company, including training, all operational costs; insurance and contract rates to our ambassador-guides.

Talaysay Customer Service and policies: Our tours and school programs proceed on rainy days. If weather is extreme with respect to severe rain or wind, we will contact you to re-schedule or cancel without cancellation penalty. **Group Cancellation:** 10 days or more are required for any cancellation to be eligible for a refund; we will reimburse less a 20% administration fee.

Safety Protocols: Talaysay operates with the current covid safety guidelines.

Medical: We ask the teachers to inform us in advance if there is any student or participants who requires an epi pen or if there are any participants with injuries or health matters that could affect their ability to experience our tour program in its full capacity.

Did you know: This program can also be done virtually and or in langue française with our guide Roger.

Candace and Larry Campo – Love The Land – Talaysay Tours